

**Federally Employed Women (FEW)**

**Mid-Atlantic Regional Training Program**

**Theme: “Beyond All Limits”**

**Location: Virtual Training**

The Federally Employed Women (FEW) Tidewater Chapter will be hosting the FEW Mid-Atlantic Regional Training Program this year. This exciting event will take place **April 3, 2021**,

with many remarkable speakers and door prizes

We are honored to invite you to attend this Regional Training event.

It’s

Time You

Join Us!

**REGISTRATION OVERVIEW**

**FEW Mid-Atlantic Regional Training Program**

**Hosted by the Tidewater Chapter**

**Is pleased to present:**

**Theme: “Beyond All Limits”**

**Date: Saturday, April 3, 2021**

**Duration:** 8:00 a.m. – 4:00 p.m. **Check-in time:** 7:15 a.m. - 8:00a.m.

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| **Register Now!** |  | |
| **Email:** [**cathy.toliver@navy.mil**](mailto:cathy.toliver@navy.mil) **and/or cynthia.riley@dla.mil**  Subject: Federally Employed Women (FEW) Mid-Atlantic Regional Training Program Registration  Attn: Tidewater Chapter RTP Registration  Mid-Atlantic Region, Federally Employed Women, P.O. Box 9654, Hampton, VA 23670 |  |

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**PAYMENT INFORMATION**

**Registration (Now till March 26, 2021):**

Members ………………….. $25

Non-Members …………… $35

Make checks payable to

Mid-Atlantic Region, Federally Employed Women, P.O. Box 9654, Hampton, VA 23670

**Payable by cash, check, credit card or Paypal.me/FEWtidewater445**

For more details about registration, please contact,

FEW-Tidewater Chapter President- Cathy Toliver, 757-880-5415

and/or Regional Manager Cynthia Mitchell-Riley, 215-737- 8640

* Registrations must be received by March 26, 2021 (12 p.m. ET). Each individual must complete a separate registration form.

## Cancellations and Substitutions

Substitutions are welcome! Registrants who are unable to attend the RTP must or e-mail their cancellation to the attention of FEW-Tidewater Chapter Cathy Toliver (-757-880-5415) [Cathy.Toliver@navy.mil](mailto:Cathy.Toliver@navy.mil) or Cynthia Mitchell-Riley **(215) 870-8857,** [**cynthia.riley@dla.mil**](mailto:cynthia.riley@dla.mil) **on or before March 26, 2021.**

**Working for the Advancement of Women in the Government**



**REGISTRATION FORM**

**Theme: “Beyond All Limits”**

**Date: Saturday, April 3, 2021**

**Duration:** 8:00 a.m. – 4:00 p.m. **Check-in time:** 7:15a.m. – 8:00 a.m.

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| --- | --- | --- | --- | --- | --- | --- |
| Name: |  | FEW Membership #: | | | |  |
| Title: |  |  | | | | |
| Organization: |  |  | | | | |
| Address: | (W/H) | Suite/Apt.#: | | |  | |
| City: |  | State, Zip: | | |  | |
| Phone Work: | ( ) - | Fax: | ( ) - | | | |
| E-mail: |  | **🡨 Required for confirmation** | | | | |
| *Emergency Contact:* |  | *EC Phone:* | |  | | |
| ❑ *Check here if you require special assistance* | | | | | | |
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**Method of payment:**

\_\_\_\_\_\_\_\_\_Check/money order payable to: Mid-Atlantic Region Of Federally Employed Women (please include registration form with your check/money order) or **Paypal.me/FEWtidewater445**

\_\_\_\_\_\_\_\_ Cash

\_\_\_\_\_\_\_\_ Credit Card-Type \_\_\_\_\_\_\_\_\_ #\_\_\_\_\_\_\_\_\_\_\_\_ Expiration Date \_\_\_\_\_\_\_\_\_ (If paying by credit card – (please email Wanda Hewlin at [lanayhew@cox.net](mailto:lanayhew@cox.net) telephone: 757-869-0382 to process your payment).

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| **Tidewater Chapter Use Only**  **Payment by \_\_\_\_\_\_\_\_\_\_\_\_\_**  **Amount $ \_\_\_\_\_\_\_ Cash \_\_\_\_\_\_\_\_\_ Check # \_\_\_\_\_\_\_\_ Money Order # \_\_\_\_\_\_\_\_\_\_\_**  **\_\_\_\_\_\_\_\_\_\_\_\_ Paypal.me/FEWtidewater445**  **Agency Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Agency Mailing Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Phone # \_\_\_\_\_\_\_\_\_\_\_\_\_** |

**Working for the Advancement of Women in the Government**



**Soaring To New Heights**

Theme: “Beyond All Limits”

***Seminar Guest Speakers***

**Keynote Speaker:** Dr. Sandra Sessoms-Penny

**All About FEW:**  Naomi Bell & Kayla Lewis-Baltimore, Natl Sponsors, Partners Chair

**Diversity and Inclusion:** Vivian Shields, Chief Financial Officer of Virginia 529

**Pre-Retirement/TSP Investment/Savvy Social Security:** Jewel Willis, Retirement Planning Strategies

**New Member Orientation & Membership Benefits:**

Tara. V. Bullock, FEW Membership Chair

**Teamwork:** Mozella Perry Ademiluyi, Leadership and Empowerment Speaker

**Inspiring Women - Addressing Unique Concerns About Money and Retirement – Ann Vanderslice**

**Federally Employed Women**

**(FEW) Mid-Atlantic Regional Training Program**

**Saturday, April 3, 2021** from 8:00 a.m. to 4:00 p.m.

**Keynote Speaker:**

Dr. Sandra Sessoms-Penny

Certified Professional Coach, Speaker & Training

Inevitable Growth Life Coaching and Consulting, LLC

*(Plus, Team Member John Maxwell)*

I-GROW www.inevitablegrowth.com

**Registration (26 March 2021)**

Members …………………. $25

Non-Members …………… $35

Note: Any registration after March 26th will be charged

an additional $5 fee

**Payable by cash, check, or credit card.**

For more details about registration, please contact,

FEW-Tidewater Chapter President,

**Cathy Toliver,**

(757) 880-5415; email: Cathy.Toliver@navy.mil

“Working for The Advancement of Women In The Government”

Registration 7:15 a.m. - 8:00 a.m.

Opening Ceremony 8:00 a.m. - 8:15 a.m.

Keynote Speaker 8:15 a.m. - 9:00 a.m.

All About FEW 9:00 a.m. – 10:00 a.m.

Diversity and Inclusion 10:00 a.m. – 10:45 a.m.

Pre-Retirement 10:45 a.m. – 11:45 a.m.

TSP Investment/Savvy Social Security

Lunch 11:45 p.m. – 12:30 p.m.

FEW Membership 12:30 p.m. - 1:30 p.m.

Teamwork 1:30 p.m. – 2:30 p.m.

**Inspiring Women - Addressing Unique Concerns About**

**Money & Retirement**  2:30 p.m. – 3:30 p.m.

Special Presentations 3:30 p.m. – 4:00 p.m.

**Mid-Atlantic Regional Meeting** at 4:10 p.m.

(Meeting for FEW members only)



Payment Information: Schedule of Events:

Mid-Atlantic Region Regional Training Program Overview