



# ***Federally Employed Women*** ***SOUTHEAST REGION NEWS***

*Alabama – Florida – Georgia – Kentucky – Mississippi - North Carolina –  
South Carolina – Tennessee – West Virginia*  
*July - 2010*

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This publication established October, 2006 is distributed quarterly in October, January, April and July. Deadline for submitting articles is the last day of the month preceding publication.

**Message from Regional Manager:** When I joined this organization I didn't know that I would become so involved, but thanks to the encouragement of FEW members I have stepped out of my comfort zone in many ways. It is still uncomfortable but I am more willing to try now (SE Regional Manager for a 2<sup>nd</sup> term, WOW!!). Every member has provided me with outstanding support and encouragement, and I thank you.

A BIG thank you to the SE Nomination Committee for performing their duties with grace and professionalism!!! Edna Garnett, Nomination's Chair, Judy Dillander & Connie Dobrin; you are appreciated for your willingness, time and experience in support of SE Region.

A HUGH thank you to Jean Grenville for serving 2 years as Regional Secretary, and now taking on the role of Chapter President of Space Coast Chapter. A HUGH, HUGH thank you and congratulations to Sharon Skellie, Regional Secretary Incoming, from Greater Atlanta Chapter.

A MILLION thank yous to Mary Lou Andres for her patience with me while waiting for me to complete my Regional message EVERY quarter☺!!

A GOZILLION thank yous to every member who responded to my request for restored health for our daughter Ebony Brown Shipp as she survives breast cancer treatments. Ebony starts chemo treatments July 1<sup>st</sup> on a 3 week cycle for 6 treatments. I can't thank you enough for your continued prayers as our family travels on this journey with her.

Make plans to stop by our Regional Booth 513 during NTP and look for upcoming information for Regional Training Program (RTP) April 27-30, 2011 hosted by Frances D. Gage Chapter.

*Submitted by Sylvia Brown, SE Regional Manager*

**Message from Southeast Region Officer or Committee:**

**FEW Southeast Region Nominating Committee:** Southeast Region officers for 2010-2012 are as follows:

Regional Manger – Sylvia Brown, Greater Middle Tennessee Chapter  
Assistant Regional Manager – Barbara Powell, Space Coast Chapter

Secretary – Sharon Skellie, Greater Atlanta Chapter

Treasurer – Anne Ramsey, Derby City Chapter

*Edna Garnett, Nominations Committee Chair*

**FEW Southeast Region – Secretary:** Thank you South East Region for your help and support during my tenure as Secretary the past two years. It was great getting to know all of you and spending time together at the Regional Training Programs and the National Training Programs. Please contact me if I can be of assistance concerning matters of the South East Region during 2008 – 2010.

Note: SE Region Officers, Committee Chairs, and Chapter Presidents – If you have not sent your report for the Regional Meeting at the NTP in New Orleans to Sylvia Brown ([sylvia.d.brown@usace.army.mil](mailto:sylvia.d.brown@usace.army.mil), [fewseregion@comcast.net](mailto:fewseregion@comcast.net)) and Jean Grenville ([jeangrenville@aol.com](mailto:jeangrenville@aol.com)) **please do so immediately**. The report needs to cover the period since your last report in February 2010 to June 2010.

*Submitted by Jean Grenville*

**FEW Southeast Region Awards Committee:** A Call for Chapter Award Nominations was sent to all chapters on January 26, 2010, with a postmark deadline of April 7, 2010. These awards are only open to chapters in good standing as set out in the Southeast Region Bylaws. For the first time these award packages were accepted by email. Four chapters submitted nominations: Derby City (3 categories), Oak Ridge (4 categories), Space Coast (3 categories) and Magnolia (1 category). All chapters submitting nominations were in good standing.

The winners are:

- Best Newsletter – Space Coast
- Best Programs – Derby City
- Best Special Project - Derby City
- Best Overall Chapter – Derby City

A Bylaws amendment to clarify the Best Overall Chapter Award has been submitted to the membership. To qualify for the Best Overall Chapter, a chapter must submit award packages for 3 of the 4 categories. Scores for each submission will be averaged for all chapters submitting at least 3 award packages, with the top scorer receiving the Best Overall Chapter award.

*Submitted by Mary Lou Andres, Awards Committee Chair*

**RTP 2011:** RTP 2011 will be hosted by the Frances D. Gage Chapter in Parkersburg, West Virginia. The dates of the 2011 RTP will be April 27, 28, and 29th of 2011. More information will be provided as soon as available. Check out the article later in this newsletter from the Frances D. Gage Chapter.

**RTP 2012:** RTP 2012 will be hosted by the Derby City Chapter in Louisville, Kentucky. Dates have not yet been set. More info will be provided as it becomes available.

**NTP news:** **Congratulations to Lamar Anglin, Southeast Region, Pensacola Chapter and Janet Picha, Southeast Region, Greater Atlanta Chapter, for winning a National FEW scholarship to attend the NTP in New Orleans!**

Total registration for NTP 2010 reached the 2,000 mark the third week-end in June with three weeks to go. While some workshops are closed, we have added additional seating and a few additional sessions to try to accommodate everyone who wants to attend so come on down! We can't wait to see everyone in New Orleans. Go to [www.fewntp.org](http://www.fewntp.org) for the latest info. On-line registration will be closed as of Friday, July 2, 2010. However, you may fax (301-694-5124) in your registration until Tuesday, July 6. After July 6<sup>th</sup>, all registrations must be processed on-site. You may complete the form and HAND-CARRY it to the On-Site Registration Desk in the New Orleans Marriott Hotel. For onsite registrations - please also note that if paying with a purchase order, the PO **must** have the following or you will be asked to use another method of payment at the registration desk: Registrant's First and Last Name; \$80 Purchase Order Processing Fee; Document Number / Purchase Order Number / Requisition Number and Complete Billing Info (including full contact name, complete billing address, phone and fax number) Please direct your registration questions to the Experient Registration Center at 301-694-5243 or to [FEW@experient-inc.com](mailto:FEW@experient-inc.com).

*Patricia Wolfe and Carolyn Malone, FEW NTP 2010 Co-Chairs*

**News from the FEW National Office: FEW's partnership with Shaw, Bransford & Roth, P.C.** - Are you aware of the numerous membership benefits of Federally Employed Women (FEW)? Are you utilizing all the services offered to you?

FEW has a partnership with the law firm of Shaw, Bransford & Roth, P.C. This firm provides superior legal representation on a wide range of employment law and federal personnel law issues, and they have extensive experience dealing with federal agencies and Congress.

As part of the FEW – Shaw, Bransford & Roth, P.C. partnership, FEW members are entitled to two free one-half hour telephone consultations per year to discuss matters of concern about their federal employment or benefits. In addition to two free one-half hour telephone consultations, any FEW member who retains the firm will receive a 10% discount on legal fees. To utilize this service you may contact the hotline at 1-888-463-8406, ext. 7.

Shaw, Bransford & Roth, P.C. philosophy is to provide full scale legal strategy, not just representation. They have litigated cases before the Merit Systems Protection Board, the Equal Employment Opportunity Commission, the Foreign Service Grievance Board and federal and state courts. Shaw, Bransford & Roth, P.C. is AV-rated by Martindale-Hubbell®, and is listed in the Martindale-Hubbell Bar Register of Preeminent Lawyers®. The practice focuses on:

- Disciplinary and Adverse Action Cases
- Employment Discrimination Complaints
- Inspector General and Internal Affairs Investigations
- Security Clearance Issues
- Federal Employment Disputes
- Private-Sector Employment Disputes

**FEW: A HELPING HAND – We’ve met our \$10,000 goal; however, donations are still being accepted!** In conjunction with the 2010 National Training Program (NTP) hosted in New Orleans, Louisiana, Federally Employed Women is reaching out to give back with a yearlong initiative to adopt two- schools in the New Orleans, Louisiana area and provide needy children with resources they so greatly need such as books, supplies, and uniforms.

We know that Hurricane Katrina destroyed many of the schools in the 9<sup>th</sup> ward and other areas of the city as well. We also know that there are daily struggles that so many families are confronted with and we know that it is especially important for us to reach out to one another and offer a helping hand.

Because the need is still so great 4-years after Hurricane Katrina, we are adopting two schools in the New Orleans Public School System; McDonogh #35 College Preparatory Senior High School and Mary Bethune Elementary Literature/Technology School.

New Orleans's McDonogh #35 Senior High School serves grades 7-12 in the Orleans Parish School District. McDonogh #35 strives to develop students into a new generation of leaders who possess a love for truth, the critical intelligence to pursue it, and the courage to articulate it. Their mission statement is to encourage academic excellence for all students in challenging and interactive programs that are supported by teachers, staff, students, parents, and communities.

Mary Bethune Elementary Literature/Technology is a public school that serves grades PK-6 in the Orleans Parish School District and its mission is to develop lifelong learners by providing rigorous and relevant learning experiences through literature, math and technology.

**Our original goal was to raise \$5000 for each school. Contributions as of June 10, 2010 are \$15,505. This initiative will culminate with the 2010 NTP in New Orleans. We are asking for your support in this most worthy endeavor. Donations are tax-deductible.**

Donations can be made by check or credit as follows: Donations by credit card can be made online at [www.feea.org](http://www.feea.org) . Click on Give Now and Scroll Down to Gift Designation Use the pull down box to designate your gift to FEW: A Helping Hand.

Make checks payable to FEEA – FEW: A Helping Hand  
Send to: 3333 S. Wadsworth Blvd., Suite 300, Lakewood, CO 80227

For more info contact Wanda Killingsworth via email at [wanda.v.killingsworth@irs.gov](mailto:wanda.v.killingsworth@irs.gov)

*Patricia Wolfe, NTP 2010 Co-chair ~ ~ Carolyn Malone, NTP 2010 Co-chair*

For members who would like to become Diamond Lifetime or Lifetime Members, there will soon be a form to complete your application. A **Lifetime Membership** may be granted to regular members in good standing for the previous five (5) consecutive years as specified in Article III, Section 5 of FEW's National Bylaws. It is a one time cost of \$300.00 A national lifetime membership does not preclude payment of yearly chapter/Regional obligations. Lifetime members will receive a permanent membership

card specifying holder is a lifetime member, a letter of acknowledgment signed by the National President and a personalized plaque showing lifetime membership.

**For the most up-to-date version of the Annual Membership form go to [http://www.few.org/docs/forms/FEW\\_Membership\\_Form.pdf](http://www.few.org/docs/forms/FEW_Membership_Form.pdf) (The latest version is dated June 17, 2010 and is attached)**

**Book Research -Assistance Requested** - Holly South, a member of the Aloha Chapter would like to illicit the assistance of fellow FEW members with a book research project. Holly is writing a book on Sole Breadwinner Mothers whose partners are Stay At Home Dads. To support the research, she would like to interview other women in this arrangement. If this matter pertains to you or someone you know and you are interested in assisting Holly, please answer the questions below and send your response to Holly South at [holly\\_south@hotmail.com](mailto:holly_south@hotmail.com).

1. How did you become a Sole Breadwinner Mom?
2. Who handles the finances in your family? Do you have joint accounts or separate accounts? How do you decide on "mad" money between you and your partner?
3. Who handles the chores in your family?
4. What do you like most/least about being the sole breadwinner?
5. Would you be willing to correspond via email or phone if I have follow up questions? (If so, please provide contact information.)

All responses will remain anonymous.

Holly South, [holly\\_south@hotmail.com](mailto:holly_south@hotmail.com)

**FEW Partnership with NARFE Premier Federal Credit Union:** FEW is pleased to announce our new partnership with NARFE Premier Federal Credit Union. This partnership is a result of FEW's commitment to assisting its members, their families, and the organization's financial needs.

As a member of FEW, you and your family automatically qualify for membership in the credit union, regardless of where you live. Membership benefits include:

- ★ Great rates on loans, savings accounts, and checking accounts — featuring NARFE Premier's FREE [Rewards Checking](#) Account that pays **4.01% APY<sup>1</sup>**, with no minimum balance and no monthly fees!

**Now offering!**

FEW's [Visa Rewards credit card](#), exclusively for members of the association. Click [here](#) to learn more. Visit [NARFEpremierFCU.org](http://NARFEpremierFCU.org) to find the location nearest you and apply for membership. Call **800.328.1500** to find out how NARFE Premier FCU can help you meet your financial needs.

**FEW Foundation for Education & Training** – The 2010 Grantham University/FEW Foundation scholarship winner is from the Southeast Region! Elizabeth Hill was announced in May as the winner. She will be recognized at the NTP and on the FEW Foundation website.

*Dawn Nester, FEW Foundation for Education & Training*

**News from around the Southeast Region:**

**Frances D. Gage Chapter:** I am very honored and pleased to announce the Officers of 2010 - 2011 as follows:

President	Brenda Dennis
Vice President	Carrie Settlage
Treasurer	Mary Camp
Secretary	Rachel Hendricks

*Debbie Meadows, Outgoing Chapter President*

The Frances D. Gage Chapter in Parkersburg, West Virginia, collected items to be sent to Afghanistan. The chapter received the following note and picture in response:

Thank you for the generous box you sent us! It's enormous, and full of all kinds of great things that are very much appreciated. We are with a medical unit here in Helmand Province, Afghanistan. Since February we were all in a very remote area as you can see in the picture, but 2 weeks ago many of us were moved to the main trauma hospital here, which is the British hospital called "Bastion." Because of the excellent and numerous medical helicopter availability here, we get the opportunity to care for most of the critically injured persons in the area. Even though it's a British base, it's adjacent to a huge American base called "Leatherneck", and there are plenty of US service members here with me who were very happy to get the phone cards.

FEW Frances D. Gage donated these items to be sent to Afghanistan: The stuffed animals you sent are also very welcome! Occasionally small children are injured, and we have a small collection of toys (which is now much larger, thanks to your generosity!) to give them as some small measure of comfort.

I brought your box into the Emergency Room staff lounge, and everyone was so excited! Needless to say, everything was claimed and happily pocketed, and the box was completely empty in less than an hour. I admit I kept the tuna packets aside for myself, and they make a nice change from the usual rations we get.

We all hope that this email finds you and the entire congregation doing well and in great health. Thanks again for taking the time, money, and effort to think of us out here!

Sincerely yours, John Ringquist, and Shock Trauma Platoon - 1, Bravo Surgical Company "Bastion Hospital Detachment"



I just wanted to say a Thank You to the Derby City Chapter for mentioning the upcoming Regional Training Program in 2011 in West Virginia in their newsletter. We do have our dates set up, and we are working on getting our website up and running soon. I was nominated to be our president for the next term. I am very excited about that. I think I met several members from Derby City when we were in Pensacola, FL at their RTP.

The dates of the 2011 RTP will be April 27, 28, and 29th of 2011. This will be a Wednesday, Thursday, and Friday. We have not decided exactly on the time of the RTP-Board meeting, as we are waiting to get all the classes and training completed first. We do not want to miss any opportunities for people attending to get as many classes offered with the best possible speakers we can manage. I know when Frances D. Gage held the last RTP, back in 1995, they held the board meeting on Saturday morning. They held classes all day on Friday ending at approximately 4:30 p.m. and held an entertainment on Friday evening for those that were staying over and wanted to participate. We are working on our agenda and scheduling now. If you have any questions, please feel free to call me anytime.

*Brenda Dennis, Incoming Chapter President, US Treasury,  
Bureau of the Public Debt, Phone: (304)480-7773*

**Gator Nation FEW Chapter Holds Diversity Training** - As Diversity Chair of the Gator Nation Chapter I conducted a diversity presentation at a recent FEW meeting. I began the presentation by passing out a single crayon to each person. I then asked them to close their eyes, relax, and imagine the most beautiful scenery they have ever seen; a picturesque view of somewhere they would love to visit or have been. Everyone opened their eyes and I asked them to color that picture they had just envisioned. Of course everyone realized they could not color that picture with only one crayon.

You need more than one color to have all the glittering shades for the picture. It is best to have more than one idea, more than one member of the team with a diverse background to complete the picture - project - conservation plan. You need the black, brown, white, yellow, red, and all the colors or members of the team from different shades and cultures, different Ethnic groups to contribute to the final project - to have the best outcome possible.

I then showed the members an old, used, and torn crayon box and told them you can't judge a crayon box by its appearance; or a book by its cover; or a person by their age, outside appearance, or Ethnic background. These old/used crayons are still just as usable and the final portrait/project/outcome even better because there is possibly more wisdom and more experience.

I took a broken (disabled) crayon out of the old box. Some may call it handicapped and not want to use it, but it is still just as usable and creates just as beautiful color as the new crayon. If you tear the paper from around the crayon, you make it handicap accessible as we use automatic doors for wheelchairs or special computer screens to accommodate the users, etc. People, like crayons are useable. No matter what our handicap; ethnic, racial, cultural, or tribal heritage; or age; we all have something to offer the other team members.

*By Benita Rogers, Diversity Chair*

**DERBY CITY CELEBRATES 35<sup>TH</sup> ANNIVERSARY:** Derby City Chapter recently celebrated our 35<sup>th</sup> anniversary. The Chapter was chartered on June 14, 1975. On Saturday, June 12, 2010, members contributed items for sale and worked in our booth at the Most Awesome Flea Market in Bullitt County which netted \$160 for our treasury. On Sunday, June 13<sup>th</sup>, several members and guests attended the performance of “Dixie Swim Club” at the Derby Dinner Playhouse. The play was a touching comedy about five southern women whose friendships began on their college swim team and spanned a lifetime. Every year their friendships were renewed over a weekend at the same beach cottage. Their lives hilariously unfolded as the years passed and they weathered the challenges that life flung at them. The play was very touching and reminded us a lot of the friendships we have formed over the years.

Our regular June meeting was held on Tuesday, June 15, at Brownings Restaurant inside Slugger Field in downtown Louisville. The original charter for FEW Chapter #082 was displayed along with numerous items of memorabilia collected over the past 35 years. Several photo albums and a digital picture frame displayed many memories from previous NTPs, RTPs, Chapter Officer Installation Ceremonies, and special events. The regular meeting program was presented by Dee Allen from “Women Working for Habitat” who explained how an all-woman team is building homes in Louisville as part of Habitat for Humanity and how we could get involved as individuals or as a group. The evening ended with delicious servings of Tiramisu purchased by the Chapter for all attendees. It was indeed a memory-filled celebration.

We are looking forward to joining other Southeast Region FEW members at the upcoming NTP in New Orleans. Hope to see you there!

*Becky Giles, Derby City Chapter President*

**Oak Ridge Chapter:** Our annual Unity Day Picnic took place on June 16, 2010 with over 700 tickets sold and with many more in attendance. The annual Unity Day Picnic is a way for all Department of Energy –Oak Ridge Office federal and contractor employees and their families to attend every year; to visit with each other which is not afforded them at other times of the year.

Our activities included: Softball Tournament, Fishing Tournament, Horseshoe Tournament, Bingo, Karaoke, hot dogs, hamburgers and all the “fixins”, Tae Kwan Do exhibition, face painting (for kids and adults), and just relaxing enjoying the East Tennessee weather. A great time was had by all.

*Submitted by Beverly Schultz*

**SPACE COAST CHAPTER:** The Space Coast Chapter sponsored a New Members Meeting April 13 at Karin Biega’s condo clubhouse. The attendees indulged in the “Chocolate Fountain” with all the wonderful fixings for dipping into this ever-flowing fount. The new slate of 2010-2012 Chapter Board Officers was presented: President: Jean Grenville; Vice President: Sandra Getter; Treasurer: Johanna Velasquez; Secretary: Teresa Piastuch. The new Nominating Committee consists of Clara Anderson, Michelle Roberts and Angela Solorio. The Chapter added 5 new members that evening and one of those new members gave a presentation about Habitat for Humanity. With Presenter Linda Adams’ suggestion, FEW members voted to get

involved with a new “Women Build” project where an all woman team will be constructing a new home for a deserving family. The Chapter’s new “Make A Difference” project will be to provide a luncheon for all the construction workers in October.

April 27 Vernice Armour, also known as “Flygirl,” presented her keynote speech “From Zero to Breakthrough™” at Kennedy Space Center for Diversity Month, at the recommendation of our own member, Clara Anderson, who advised the KSC EO/Diversity Office about Vernice as a professional speaker. Several Retired and working FEW members attended the lively presentation.

The outgoing (2008-2010) Chapter Board held their last Business Meeting on May 25. Chapter Business discussions involved New Orleans NTP, the Chapter’s Awards and Installation Banquet and the upcoming August Chapter planning retreat. Outgoing President, Marlene Satterthwaite thanked the Chapter Board and Committee Chairs and members for their dedicated support the last 2 years.

The June 22 Installation and Awards (I&A) Banquet was a wonderfully planned event. Kudos to the Past President’s Task Force team for incorporating the Chapter’s 40<sup>th</sup> Anniversary (chartered in 1970) into this lovely event. Many special touches were in place – a slide show of Space Coast Chapter activities, tables replete with picture boards and history books from 1970, 1974, 1985, 1999, 2008 and 2009. The tables and podium were arranged so that everyone could see the ceremony. The dinner was held at the Palms International in Cocoa Beach (name recently changed from Ocean Front Holiday Inn, the site of many Space Coast Chapter Annual Training Programs). A program and 6 page booklet of Space Coast Chapter activities was placed at each plate along with baggies of red Space Coast M&M’s.

After Carolyn Burnham gave the appropriate invocation before we dined on wonderful food choices and decadent desserts. Becky Fasulo (Membership Chair) started the evening with presentation of the Chapter Service pins from 5 years to 35 years pins distributed. The Master of Ceremonies was Marie Argana (Past National President) who was the perfect choice for this event. Recipient of the Member of the Year was Marlene Satterthwaite who also received the Past President’s Plaque; Marlene then awarded the President’s Awards to: Barbara Powell for the 2008-2009 term and Cassandra “Sandra” Getter for the 2009-2010 term. These were 2 deserving members who not only generously contributed to the successes of the Chapter’s past 2 years, but also extended far beyond with community and volunteer involvement. The three Membership Educational Scholarships recipients were announced by Scholarship Chair Joette Feeney. Karin Biega performed the Installation of the 2010-2012 new Board Members – she delivered beautiful and befitting words to the new board.

Several of the evening’s speakers gave recognition to the fact that so many Chapter Past Presidents and even some of the founding Charter Members were in attendance for this Anniversary event. Jean Grenville concluded the evening with the New Chapter President’s message and shortly there after red roses were handed out to each Past President in attendance. The consensus was that the attendees, members, guests, husbands, Past Presidents and Charter Members were impressed and totally enjoyed the evening.

The Space Coast Chapter confirmed that 11 Chapter members will be attending the July NTP in New Orleans.

**July 21, 2010** – A Program Meeting at Jimmy's Restaurant in Rockledge, FL to report the activities of the New Orleans NTP to the Membership.

The Space Coast Chapter is busy arranging their Chapter Business Planning retreat for August 4 thru 8 at an Orlando rental home. Approximately 16 members are expected to attend. Our current membership number is 53.

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Lastly, Past President, Marlene Satterthwaite, presented her closing 2 year 2008-2010 report to the attendees at the June 22 Chapter Installation & Awards Banquet. In order to keep everyone's attention, she decided to give her 2 year President's report in **rhyme**. Here's how it went.....

**Space Coast – Two Year Report 2008-2010 – Marlene Satterthwaite**

Congratulations Space Coast chapter for 40 years, lots of accomplishments – not all blood, sweat & tears

My 2 year term as President draws to a close - my report tonight brings an attempt at a little prose

Meetings, meetings and much much more – wonderful programs and speakers galore  
Board meetings were not so boring – at least I never heard anyone snoring

**PROGRAMS**

So many speakers & programs - I won't list them all:

Diversity, Legislative, League of Women Voters, and Social Security provided us with a number to call,

Car Care Clinic, women's health, starting your own business, funeral planning for our final resting state,

A KSC athletic trainer who spoke on nutrition, stress & losing weight

Programs provided so much info I certainly feel, and besides that the chapter provided us with a free meal!

**RETREATS**

Orlando rental homes we shared for the weekend chapter planning retreats

We accomplished so much business but had time for some wonderful eats

A 2-day agenda on Budgets, Programs, By-laws and such

Chapter business accomplished – did I mention we ate too much?

**CRUISE**

In 08 the Space Coast chapter planning retreat was such a special occasion

Our business meeting was held at sea on the Cruise Ship Carnival Sensation

With 12 members sailing, we debarked hailing it was the best meeting ever - NOW weren't we clever?

**NTP & RTP**

National & Regional Training Programs have taken us to many places

National Training Programs in Anaheim/08 and Orlando/09 – with lots of new faces

Regional Training Programs Atlanta/09 and Pensacola/010

The next Training Program - we'll be there – no matter what, where or when

### **ATP**

This Chapter's 2-day training program of 09 – titled Keys to Success  
Chair Barb Powell met the challenges head on - I must profess  
Registration Numbers lacking but Barb wasn't slacking  
Such a successful program - the attendees agreed  
Even made a little profit – all our fears were eased

### **Awards**

The past 2 years we won scholarships & awards – 1<sup>st</sup> Place for Membership & Chapter  
Newsletter,  
Out of all those chapters, the FEW National Awards Committee thought we were better  
A National Scholarship to Joette Feeney in 09  
And In 08 I was awarded mine.

### **Awards & Scholarships**

More Awards & Scholarships - we've received our fair share  
Jean Grenville - the Regional Martha Lyle scholarship and the National Allie Latimer  
The Chapter's Jane Eitel scholarship awarded to Sandra Getter in 09  
A scholarship named in memory of a deceased member who we still have fresh in our  
mind

### **Community Outreach**

Community support we do our part - Stuffing so many stockings for the Brevard  
children –We have a big heart

We Make A Difference for the Brevard Sharing, Humane Society & Domestic Violence  
Centers & more

By collecting canned food items and supplies and even taking these items to their door  
Gifts and money cards to low income adults show that we CAN SHARE  
Collecting Yoplait lids for Breast Cancer Research -- OH HOW WE CARE!

Our Chapter's involvement with Community Outreach  
Even extends to our cleaning the Brevard County beach

### **Christmas Party**

Being a FEW member is not all hard work – we find time for fun and other perks  
Christmas parties, networking, great food and presents for exchanging  
Thanks to Karin and Clara for your Holiday Party arranging

Thank you for you attendance and lending your ears  
My time spent with FEW has been some wonderful years  
My 2 year report is now officially reported  
Now is the Time to get this new board started.

I just want to add that it's been a special privilege to represent the FEW Space Coast  
Chapter and to be celebrating our 40<sup>th</sup> Anniversary with so many past presidents in  
attendance.....as you are truly a major part of the history of this organization. And we  
look forward to good things in the future with all of you.

“I WOULD LIKE TO TAKE THIS LAST OPPORTUNITY TO THANK (MY BOARD) THE 2008 – 2010 OFFICERS AND COMMITTEE CHAIRS FOR THEIR OUTSTANDING WORK FOR OUR CHAPTER. I COULDN'T HAVE DONE IT WITHOUT YOU!” THANK YOU SO MUCH

*- reported by Marlene B. Satterthwaite, Chapter Past President*

**Savannah River Chapter:** On May 19, 2010, the Savannah River Chapter held their Leadership Development and Seminar Luncheon “Women Leading the Way, Sharply and Smartly” with keynote speaker Sue Webster, FEW’s National President.

*Submitted by Elaine Nix, Chapter President*

**Greater Middle Tennessee Chapter:** In honor of National Women’s History Month, Federally Employed Women’s (FEW) Greater Middle Tennessee (GMT) Chapter joined with other FEW Chapters; federal, state and local governmental agencies; and private corporations and companies everywhere, in celebrating the long and proud history of women and their contributions to our nation’s rich heritage. In a very special program observance on March 26, 2010, the GMT Chapter served as co-sponsor with the Nashville District, U.S. Army Corps of Engineers, for an interagency celebration. The program featured our renowned National President Sue Webster as guest speaker to address the significance of the 2010 theme, “Writing Women Back Into History”. For more information about the event check out the June edition of FEW’s News & Views at <http://www.few.org/newsletter/nv201006/page26.htm>.

*Submitted by Stephanie H. Coleman, Secretary*

### **General Interest**

**Health News:** The Department of Health & Human Services (HHS) Healthbeat website provides daily health tips at [www.hhs.gov/news/healthbeat](http://www.hhs.gov/news/healthbeat) . Secretary Kathleen Sebelius ran in the Susan B. Komen Race for the Cure Saturday June 5th with team members from the Department of Health & Human Services. Photos and event coverage can be viewed at [www.hhs.gov](http://www.hhs.gov) .

### **Women's Health Tip**

**BE AWARE** that heart attack warning signs can be different for men and women. Call 911 if you experience these symptoms:

- **Chest discomfort** – discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness, or pain.
- **Discomfort or pain in the upper body** – in one or both arms, the back, neck, jaw, or stomach.
- **Shortness of breath** – with or without chest discomfort.
- **Cold sweat, nausea, or lightheadedness**

Note: Women may experience some symptoms more often than men, such as shortness of breath, nausea/vomiting, and back or jaw pain.

### **To take care of your heart:**

- Exercise three times a week.
- Follow a healthy nutrition plan.

- Know your numbers and get the right tests: Cholesterol, Triglycerides, and Blood Pressure.
- Know and follow your doctor's recommendations for your medication and exercise

*Submitted By Tessa Chadwick, Gator Nation Chapter*

**Just for Fun:**

"Time invested in improving ourselves cuts down on time wasted in disapproving of others." - - Anonymous

The only disability in life is a bad attitude. ~*Scott Hamilton*

***Let us be grateful to people who make us happy: they are the charming gardeners who make our souls blossom. ~ Marcel Proust***

*Submitted by Sandra K. Eliason, Space Coast Chapter*

**New Members – Southeast Region:**

Wilda Deaton-Gritt- Derby City Chapter, Southeast Region  
 Catherine Hudson– Derby City Chapter, Southeast Region  
 Sandy Jennisch– Derby City Chapter, Southeast Region  
 Daniel Palermo - Derby City Chapter, Southeast Region  
 MaryAnn Marans - Frances Gage Chapter, Southeast Region  
 Jeanne Stewart - Garden City Chapter, Southeast Region  
 Syril Miller - Gator Nation Chapter, Southeast Region  
 Kay Nickel - Gator Nation Chapter, Southeast Region  
 Louisa Ocasio - Gator Nation Chapter, Southeast Region  
 Devon Haywood - Greater Atlanta Chapter, Southeast Region  
 Yvette Muhammad - Greater Atlanta Chapter, Southeast Region  
 Carol Daniels - Greater Middle Tennessee Chapter, Southeast Region  
 Rhonda DeVore - Greater Middle Tennessee Chapter, Southeast Region  
 Nancy Brown - Magnolia Chapter, Southeast Region  
 Becky Cheney - Montgomery Chapter, Southeast Region  
 Artesha Bishop - North Alabama Chapter, Southeast Region  
 Sharon Bocclair - North Alabama Chapter, Southeast Region  
 Domonique Davis - North Alabama Chapter, Southeast Region  
 Lucille Gardner - North Alabama Chapter, Southeast Region  
 Kenya McLin - North Alabama Chapter, Southeast Region  
 Gayla McMichael - North Alabama Chapter, Southeast Region  
 Abby Cleghorn - Savannah River Chapter, Southeast Region  
 Teresa Felder - Savannah River Chapter, Southeast Region  
 Rana O'Bryant - Savannah River Chapter, Southeast Region  
 Linda Adams – Space Coast Chapter, Southeast Region  
 Linda Pinkerton - Space Coast Chapter, Southeast Region  
 Carolann Poole - Space Coast Chapter, Southeast Region  
 Tina-Celeste Thompson - Space Coast Chapter, Southeast Region

Southeast Region Officers: **\*Update**

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<b>Nom &amp; Elections Com</b>	Edna Garnett (chair)	River City Chapter				
	Connie Dobrin	Space Coast Chapter 9400				<a href="mailto:Mike-Connie@Oleanderpointe.com">Mike-Connie@Oleanderpointe.com</a>
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<b>Awards Com</b>	Mary Lou Andres (chair)	121 Gofton Court	Louisville	KY	40229-3425	<a href="mailto:marylouandres@msn.com">marylouandres@msn.com</a>
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	Shirley Johnson					<a href="mailto:Shirley02.Johnson@srs.gov">Shirley02.Johnson@srs.gov</a>
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<b>Regional Rep</b>	Rheba Kershaw	PO Box 22253	Nashville	TN	37202	<a href="mailto:rheba.kershaw@med.va.gov">rheba.kershaw@med.va.gov</a>
<b>Regional Rep Secretary</b>	*TBD at NTP					
	Jean Grenville					<a href="mailto:jeangrenville@aol.com">jeangrenville@aol.com</a>
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<b>Legislative Chair</b>	Elaine Nix					<a href="mailto:Elaine.nix@srs.gov">Elaine.nix@srs.gov</a>
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<b>Parliamentarian</b>	Vickie Wheeler					<a href="mailto:Vickie.wheeler@srs.gov">Vickie.wheeler@srs.gov</a>
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Membership ID \_\_\_\_\_



# MEMBERSHIP APPLICATION AND RENEWAL

(Mail to)

Please Print Legibly

FEDERALLY EMPLOYED WOMEN

P.O. BOX 75551

BALTIMORE, MD 21275-5551

Join or Rejoining  (For New Members or Past Members) \_\_\_\_\_

Renewal  (For Active Members renewing Membership) \_\_\_\_\_

First Name: \_\_\_\_\_ Address 1: \_\_\_\_\_

Last Name: \_\_\_\_\_ Address 1: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ City: \_\_\_\_\_

Evening Phone: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email (Primary): \_\_\_\_\_ Email (Secondary): \_\_\_\_\_

<b>Employer Type:</b>	<b>Grade (check):</b>	<b>FWP/EEO (check):</b>	<b>Gender:</b>	
Federal Government: <input type="checkbox"/>	GS 1-4 <input type="checkbox"/>	FWP Full-Time <input type="checkbox"/>	Male <input type="checkbox"/>	
Local Government: <input type="checkbox"/>	GS 5-8 <input type="checkbox"/>	FWP Part-Time <input type="checkbox"/>	Female <input type="checkbox"/>	
State Government: <input type="checkbox"/>	GS 9-12 <input type="checkbox"/>	EEO <input type="checkbox"/>	<b>Race / Nationality:</b>	
Private Industry: <input type="checkbox"/>	GS 13-15 <input type="checkbox"/>	Other FWP/EEO <input type="checkbox"/>		American Indian <input type="checkbox"/>
Retired: <input type="checkbox"/>	GS 16+ <input type="checkbox"/>	Not Applicable <input type="checkbox"/>		Asian/Pacific <input type="checkbox"/>
Unemployed: <input type="checkbox"/>	Job Series: _____			Black <input type="checkbox"/>
Other (Explain): _____	Service Computation Date: _____		Hispanic <input type="checkbox"/>	
<b>Department:</b> (Ex: Commerce) _____	<b>Agency:</b> (Ex: NOAA) _____		Caucasian <input type="checkbox"/>	
			Other <input type="checkbox"/>	

PAYMENT: NATIONAL (\$45)  CHECK # \_\_\_\_\_

I wish to join the \_\_\_\_\_ Chapter. (Chapter Selection is Required)

Referred/Recruited By (one name only): \_\_\_\_\_

**I heard of FEW from: (select one)**

FEW Chapter Meetings / Programs <input type="checkbox"/>	Blacks In Government (BIG) <input type="checkbox"/>	Internet Search <input type="checkbox"/>
FEW Member Referral <input type="checkbox"/>	FAPAC Conference <input type="checkbox"/>	Friend <input type="checkbox"/>
FEW National Training Program <input type="checkbox"/>	IMAGE Conference <input type="checkbox"/>	Co-Worker <input type="checkbox"/>
FEW Regional Training Program <input type="checkbox"/>	SAIGE Conference <input type="checkbox"/>	Other <input type="checkbox"/>

For more information about FEW or to Join Online, please visit: <http://www.few.org>

\* No refunds will be made upon the acceptance and processing of a membership application.  
\*\* Contributions or gifts to FEW are not deductible as charitable contributions for federal income tax purposes.

Annual membership dues are \$45 total split between the National organization and the chapter selected by the member (\$25 to National / \$20 to the Chapter). Eligibility for Chapter membership is contingent on National membership.

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